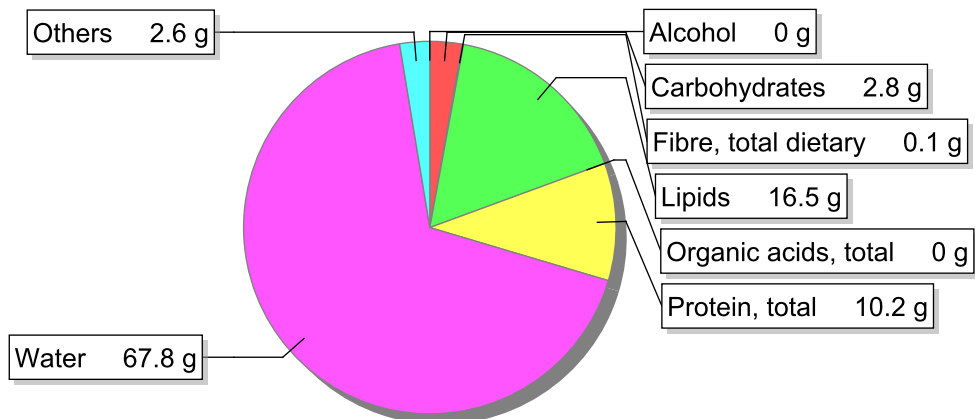


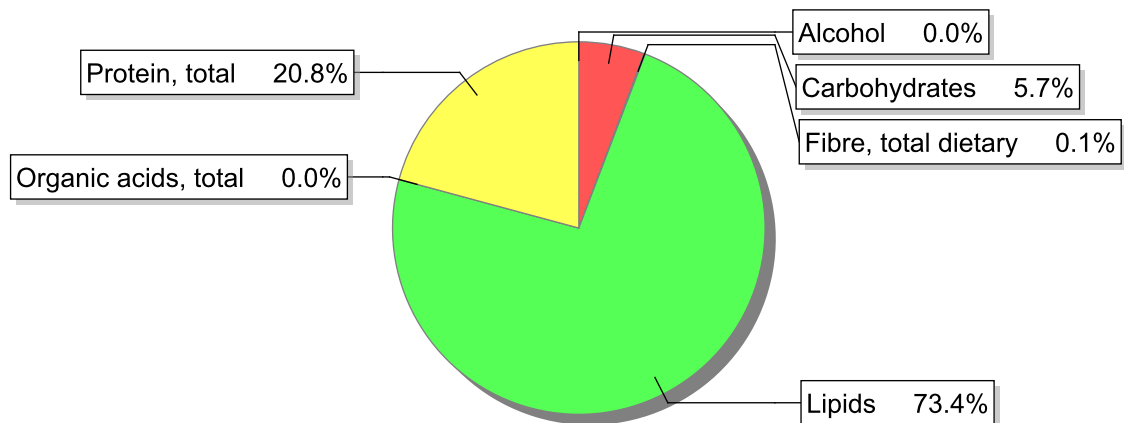
Food

Name: Sausage, Frankfurter, fried in vegetable oil (drained), no salt added
Group: Meat and meat products, fowl and game meat
Subgroup: Sausages and delicatessen products
Edible Part: 100%
Code: IS366
FoodEX2 Code: A03VV

Composition [g/100g]



Energy



Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
energy kcal, total metabolisable	201	kcal	
energy kJ, total metabolisable	832	kJ	
fatty acids, total saturated	4.9	g	
fatty acids, total monounsaturated	6	g	
fatty acids, total polyunsaturated	2.8	g	
fatty acid 18:2 n-6 cis,cis	2.6	g	
fatty acids, total trans	0	g	
sugars, total	1.4	g	
sucrose	0	g	

Name	Value	Unit	Source(s)
lactose	0	g	
oligosaccharides, available	0	g	
fibre, total dietary	0.1	g	
protein, total	10.2	g	
alcohol	0	g	
water	67.8	g	
organic acids, total	0	g	
cholesterol	52	mg	
vitamin A; retinol equiv from retinol and carotenoid activities	0	µg	
carotene, total (vitamin A precursors)	0	µg	
vitamin D	0	µg	
alpha-tocopherol	0.3	mg	
thiamin	0.12	mg	
riboflavin	0.09	mg	
niacin, preformed	1.1	mg	
niacin equivalents, total	2.7	mg	
niacin equivalents from tryptophan	1.6	mg	
vitamin B-6, total	0.09	mg	
vitamin B-12	0.8	µg	
vitamin C	0	mg	
folate, total	1	µg	
iodide	13	µg	1138
sodium	1050	mg	
potassium	60	mg	
calcium	16	mg	
phosphorus	110	mg	
magnesium	5	mg	
iron, total	1.2	mg	
zinc	0.6	mg	

Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

References

Id	Reference
1138	TDS_Iodo_2016_INSA_LAB