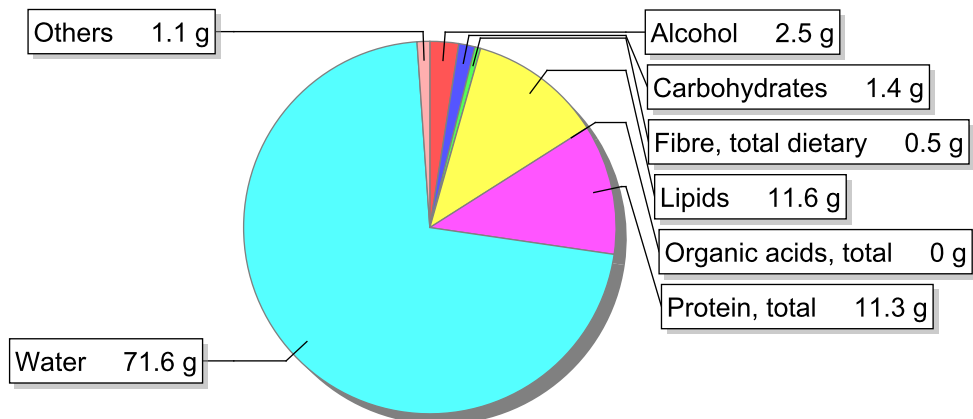


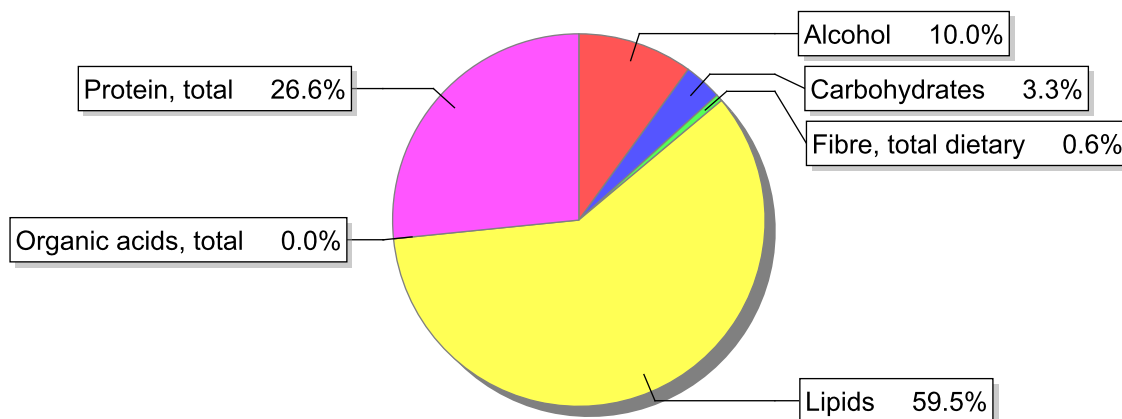
Food

Name: Rabbit in wine and garlic sauce
Group: Meat and meat products, fowl and game meat
Subgroup: Fowl and game meat
Edible Part: 79%
Code: 193-119
FoodEX2 Code: A03VY

Composition [g/100g]



Energy



Nutritive content per 100g edible portion

Name	Value	Unit	Source(s)
energy kcal, total metabolisable	174	kcal	
energy kJ, total metabolisable	722	kJ	
fatty acids, total saturated	1.8	g	
fatty acids, total monounsaturated	2.4	g	
fatty acids, total polyunsaturated	6.5	g	
fatty acid 18:2 n-6 cis,cis	6.41	g	
fatty acids, total trans	0.0	g	
sugars, total	1.1	g	
sucrose	0.2	g	

Name	Value	Unit	Source(s)
lactose	0	g	
oligosaccharides, available	0.3	g	
starch, total	0.1	g	
protein, total	11.3	g	
alcohol	2.5	g	
water	71.6	g	
organic acids, total	0	g	
cholesterol	26	mg	
vitamin A; retinol equiv from retinol and carotenoid activities	46	µg	
carotene, total (vitamin A precursors)	274	µg	
vitamin D	0.3	µg	
alpha-tocopherol	6.08	mg	
thiamin	0.1	mg	
riboflavin	0.1	mg	
niacin, preformed	2.5	mg	
niacin equivalents, total	4.55	mg	
niacin equivalents from tryptophan	2.08	mg	
vitamin B-6, total	0.35	mg	
vitamin B-12	4.8	µg	
vitamin C	4.5	mg	
folate, total	9.1	µg	
ash	1.08	g	
sodium	40	mg	
potassium	340	mg	
calcium	24	mg	
phosphorus	130	mg	
magnesium	18	mg	
iron, total	1	mg	
zinc	1	mg	

Legend

Code	Name
g	gram
kJ	kilojoule
kcal	kilocalorie
mg	milligram
µg	microgram

References